

Ranking	Bib	Name	Gross time	Net. time	Race	category	Category rank	City
1	267	Gijs Molenaar	00:18:18	00:18:18	5KM	M16	1	Nieuwe Niedorp
2	202	Thijs Bruggencate ten	00:18:36	00:18:36	5KM	M16	2	Broek op Langedijk
3	16	Paul Okkerse	00:19:27	00:19:26	5KM	M16	3	Julianadorp
4	322	Kees Wonderen van	00:19:46	00:19:45	5KM	M16	4	Tuitjenhorn
5	260	Boris Leegwater	00:19:59	00:19:57	5KM	M00	1	Winkel
6	212	Igor Dommering	00:20:08	00:20:08	5KM	M16	5	Heerhugowaard
7	258	Quint Kuijper	00:20:37	00:20:37	5KM	M00	2	Zwaag
8	203	Rosalie Bruggencate ten	00:20:45	00:20:45	5KM	D00	1	Broek op Langedijk
9	211	Jarno Dommering	00:20:55	00:20:54	5KM	M16	6	Heerhugowaard
10	314	Ryan Weijers	00:20:59	00:20:58	5KM	M16	7	Schagerbrug
11	273	Owen Oord van der	00:21:16	00:21:16	5KM	M16	8	Nieuwe Niedorp
12	346	Robert Vonderbank	00:21:29	00:21:27	5KM	M16	9	Breezand
13	199	Luuk Borst	00:21:36	00:21:32	5KM	M16	10	Nieuwe Niedorp
14	302	Frits Twuyver van	00:21:42	00:21:41	5KM	M16	11	Callantsoog
15	308	Louise Wattingen van	00:21:48	00:21:48	5KM	D16	1	Apeldoorn
16	295	Mart Smit	00:21:50	00:21:41	5KM	M16	12	Kolhorn
17	228	Teun Groot de	00:21:52	00:21:50	5KM	M16	13	Waarland
18	210	Sven Diepen van	00:21:53	00:21:52	5KM	M00	3	Graft
19	227	Tom Groot de	00:22:00	00:21:57	5KM	M16	14	Waarland
20	315	Espen Welle van der	00:22:18	00:22:18	5KM	M00	4	Warmenhuizen
21	201	Sven Brandsma	00:22:21	00:22:17	5KM	M16	15	Winkel
22	187	Niels Attekum van	00:22:29	00:22:28	5KM	M16	16	Winkel
23	283	Annet roest	00:22:31	00:22:28	5KM	D16	2	Zuid-Scharwoude
24	18	Wendy Laan	00:22:37	00:22:33	5KM	D16	3	Venhuizen
25	290	Ger Sevenhuijsen	00:22:41	00:22:38	5KM	M16	17	Noord-Scharwoude
26	240	Wesley Huijsloot van	00:22:43	00:22:43	5KM	M16	18	Grootebroek
27	219	Imke Glas	00:22:47	00:22:44	5KM	D16	4	Oudkarspel
28	293	Peter Slegtenhorst	00:22:47	00:22:44	5KM	M16	19	Nieuwe Niedorp
29	276	Jim Pet	00:23:04	00:23:02	5KM	M00	5	Winkel
30	334	Guy Frensch	00:23:04	00:23:02	5KM	M00	6	Winkel
31	189	Hans Bakker	00:23:19	00:23:14	5KM	M16	20	Winkel
32	186	Rick Ammers van	00:23:19	00:23:17	5KM	M16	21	Schagen
33	264	Stef Maasmann	00:23:26	00:23:25	5KM	M00	7	Winkel
34	337	Jacob Wulp van der	00:23:36	00:23:35	5KM	M16	22	Den Helder
35	331	Ben Kamp	00:23:46	00:23:46	5KM	M00	8	Nieuwe Niedorp
36	225	Pam Groot de	00:23:47	00:23:46	5KM	D16	5	Waarland
37	296	Robin Smit	00:23:56	00:23:54	5KM	M00	9	Winkel
38	237	Mark Horst van der	00:23:56	00:23:54	5KM	M16	23	Heerhugowaard
39	221	Tara Greeuw de	00:24:07	00:24:07	5KM	D00	2	Zwaag
40	243	Denisshan Jeganathan	00:24:11	00:24:09	5KM	M16	24	Schagen
41	251	Roos Klaver	00:24:24	00:24:17	5KM	D16	6	Winkel
42	232	Mees Hoep	00:24:26	00:24:21	5KM	M16	25	Nieuwe Niedorp
43	252	Pim Klaver	00:24:27	00:24:22	5KM	M16	26	Schagerbrug
44	280	Jens Pronk	00:24:32	00:24:26	5KM	M16	27	Nieuwe Niedorp
45	291	Robin Slagt	00:24:35	00:24:25	5KM	M16	28	Nieuwe Niedorp
46	194	Bas Bervoets	00:24:36	00:24:33	5KM	M16	29	Nieuwe Niedorp
47	190	Manuel Bakkum	00:24:45	00:24:41	5KM	M16	30	Nieuwe Niedorp
48	287	Gabrielle Rovers	00:24:48	00:24:45	5KM	D16	7	Nieuwe Niedorp
49	246	Frank Jong de	00:24:49	00:24:44	5KM	M16	31	Alkmaar
50	230	Sofie Harlaar	00:24:57	00:24:54	5KM	D00	3	Nieuwe Niedorp
51	247	André Kamp	00:25:04	00:24:59	5KM	M16	32	Oude Niedorp
52	292	Renata Slagter	00:25:14	00:25:14	5KM	D16	8	Winkel
53	321	Luciano Wojcinski	00:25:16	00:25:12	5KM	M00	10	Nieuwe Niedorp
54	191	Shayne Bel	00:25:20	00:25:15	5KM	M00	11	Nieuwe Niedorp
55	226	Rens Groot de	00:25:25	00:25:18	5KM	M16	33	Schagen
56	274	Sara Pater	00:25:25	00:25:24	5KM	D16	9	Noord-Scharwoude

57	229	Ben Groot de	00:25:25	00:25:19	5KM	M00	12	Schagen
58	266	Robbert Meulem van	00:25:26	00:25:21	5KM	M16	34	Oostwoud
59	204	Frank Buijs	00:25:30	00:25:21	5KM	M16	35	Winkel
60	261	Dries Leegwater	00:25:32	00:25:29	5KM	M00	13	Winkel
61	333	Joyce marcelis	00:25:38	00:25:33	5KM	D16	10	Winkel
62	253	Lilian Koelemeij	00:25:47	00:25:43	5KM	D16	11	Heerhugowaard
63	332	Quinn Lakke	00:25:58	00:25:47	5KM	M00	14	Winkel
64	297	Sylvia Sneekes	00:26:09	00:26:00	5KM	D16	12	Kolhorn
65	215	Gerard Duineveld	00:26:14	00:25:59	5KM	M16	36	Tuitjenhorn
66	277	Thea Pluister	00:26:21	00:26:12	5KM	D16	13	Heerhugowaard
67	316	Ellen Wieren van	00:26:27	00:26:20	5KM	D16	14	Wieringerwerf
68	207	Jasper Deken	00:26:31	00:26:20	5KM	M16	37	Nieuwe Niedorp
69	345	Richard Deken	00:26:31	00:26:21	5KM	M16	38	Nieuwe Niedorp
70	329	Erik Caro	00:26:36	00:26:30	5KM	M16	39	Nieuwe Niedorp
71	236	Ivar Hopman	00:26:39	00:26:30	5KM	M16	40	Winkel
72	254	Peter Koelemeij	00:26:46	00:26:42	5KM	M16	41	Heerhugowaard
73	208	Helen Dekker	00:26:55	00:26:43	5KM	D16	15	Nieuwe Niedorp
74	313	Tijs Weger de	00:26:58	00:26:51	5KM	M00	15	Schagen
75	188	Dicky Bakker	00:27:09	00:27:05	5KM	D16	16	Waarland
76	325	Joep Wulp van der	00:27:13	00:27:11	5KM	M16	42	Den Helder
77	214	Johan Duineveld	00:27:17	00:27:03	5KM	M16	43	Tuitjenhorn
78	193	Bram Berg van de	00:27:19	00:27:07	5KM	M00	16	Den Helder
79	223	Edwin Greuter	00:27:19	00:27:06	5KM	M16	44	Den Helder
80	286	Leo Roselaar	00:27:19	00:27:07	5KM	M16	45	Wieringerwaard
81	323	Esmay Wonderen van	00:27:29	00:27:29	5KM	D00	4	Tuitjenhorn
82	278	Marlies Poland	00:27:40	00:27:37	5KM	D16	17	Waarland
83	317	Renate Wit	00:27:42	00:27:30	5KM	D16	18	Schagen
84	284	Kelly Roest-Ooijevaar	00:27:48	00:27:46	5KM	D16	19	Oudkarspel
85	217	John Fontaine	00:27:52	00:27:43	5KM	M16	46	Dirkshorn
86	305	Mats Vos	00:27:53	00:27:51	5KM	M00	17	Winkel
87	263	Rob Luyten	00:28:13	00:28:01	5KM	M16	47	Kolhorn
88	255	Tanja Kort	00:28:13	00:28:03	5KM	D16	20	Nieuwe Niedorp
89	282	Miranda Rienks	00:28:15	00:28:07	5KM	D16	21	Winkel
90	259	Nel Leegwater	00:28:16	00:28:04	5KM	D16	22	Zijdewind
91	192	Judith Berg van de	00:28:16	00:28:10	5KM	D16	23	Wieringerwerf
92	339	Cees rood	00:28:18	00:28:10	5KM	M16	48	Zwaagdijk-West
93	311	Thijs Weel	00:28:18	00:28:14	5KM	M00	18	Nieuwe Niedorp
94	285	Jorien rood	00:28:23	00:28:11	5KM	D16	24	Nieuwe Niedorp
95	118	Merel Plasmeyer	00:28:23	00:28:10	5KM	D16	25	Oudesluis
96	233	Herman Hommen	00:28:24	00:28:20	5KM	M16	49	Slootdorp
97	307	Elles Wagenaar	00:28:26	00:28:22	5KM	D16	26	Wieringerwerf
98	195	Ben Biersteker	00:28:37	00:28:26	5KM	M16	50	Barsingerhorn
99	343	Marijn rentenaar	00:28:49	00:28:47	5KM	M00	19	Nieuwe Niedorp
100	304	Robbin Vermeulen	00:28:52	00:28:42	5KM	M16	51	Nieuwe Niedorp
101	206	Sandra Damme van	00:28:58	00:28:51	5KM	D16	27	Winkel
102	268	Mark Niet de	00:28:59	00:28:47	5KM	M16	52	Nieuwe Niedorp
103	310	Gert-Jan Weel	00:29:00	00:28:56	5KM	M16	53	Nieuwe Niedorp
104	289	Christa Sebens	00:29:02	00:28:55	5KM	D16	28	Wieringerwerf
105	242	Nout Jaski	00:29:04	00:29:00	5KM	M00	20	Nieuwe Niedorp
106	222	Theo Greuter	00:29:05	00:28:52	5KM	M16	54	Wieringerwaard
107	341	Ramses maessen	00:29:10	00:29:04	5KM	M16	55	Wieringerwerf
108	200	Pepeijn Bos	00:29:12	00:29:12	5KM	M16	56	Oudesluis
109	197	Wim Blok	00:29:14	00:29:08	5KM	M16	57	Oudkarspel
110	309	Nico Wattingen van	00:29:16	00:29:09	5KM	M16	58	Apeldoorn
111	349	Daniël Gravemaker	00:29:20	00:29:12	5KM	M16	59	Amsterdam
112	249	Pleun Klaver	00:29:30	00:29:23	5KM	D16	29	't Zand Nh
113	216	Thom Engelbracht	00:29:31	00:29:29	5KM	M00	21	Nieuwe Niedorp

114	288	Linda Schenk	00:29:38	00:29:31	5KM	D16	30	Schagen
115	250	Marloes Klaver	00:29:40	00:29:34	5KM	D16	31	Sint Maarten
116	281	Janny Rempt	00:29:55	00:29:45	5KM	D16	32	Winkel
117	336	Barry sweep	00:29:56	00:29:48	5KM	M16	60	Winkel
118	196	Lieke Bleeker	00:29:56	00:29:54	5KM	D00	5	Winkel
119	319	Leo Witteman	00:30:01	00:29:52	5KM	M16	61	Lutjewinkel
120	275	Hannah Pater	00:30:27	00:30:24	5KM	D16	33	Utrecht
121	231	Heike Harlaar	00:30:39	00:30:35	5KM	D00	6	Barsingerhorn
122	205	Petra Burger	00:30:59	00:30:59	5KM	D16	34	Nieuwe Niedorp
123	244	Laura Jong de	00:30:59	00:30:53	5KM	D16	35	Nieuwe Niedorp
124	245	Paul Jong de	00:31:00	00:30:55	5KM	M16	62	Nieuwe Niedorp
125	312	Bas Weger de	00:31:02	00:30:56	5KM	M16	63	Schagen
126	224	Jan Groot	00:31:16	00:31:04	5KM	M16	64	Zijdewind
127	348	Boy Groot	00:31:16	00:31:04	5KM	M16	65	Nieuwe Niedorp
128	239	Susanne Huiberts	00:31:21	00:31:11	5KM	D16	36	Zandvoort
129	270	Nico Noordijk	00:31:22	00:31:13	5KM	M16	66	Zandvoort
130	248	Maikel Kamp	00:31:28	00:31:28	5KM	M00	22	Oude Niedorp
131	318	Nanda Witteman	00:31:30	00:31:21	5KM	D16	37	Lutjewinkel
132	300	Marga Stroo	00:31:30	00:31:21	5KM	D16	38	Kolhorn
133	342	Henk Rentenaar	00:31:32	00:31:28	5KM	M16	67	Nieuwe Niedorp
134	344	Coen rentenaar	00:31:32	00:31:28	5KM	M00	23	Nieuwe Niedorp
135	269	Noah Niet de	00:31:59	00:31:55	5KM	M00	24	Nieuwe Niedorp
136	209	Vigo Dekker	00:31:59	00:31:55	5KM	M00	25	Nieuwe Niedorp
137	218	Jim Geus de	00:32:00	00:31:56	5KM	M00	26	Nieuwe Niedorp
138	235	Yvonne Hoogeveen	00:32:05	00:31:56	5KM	D16	39	Tuitjenhorn
139	220	Willem Glas	00:32:22	00:32:14	5KM	M16	68	Spanbroek
140	265	Melissa Maessen	00:32:30	00:32:24	5KM	D16	40	Nieuwe Niedorp
141	238	Paul Houten van	00:32:38	00:32:26	5KM	M16	69	Heiloo
142	303	Laura Uijl den	00:32:41	00:32:35	5KM	D16	41	Wieringerwaard
143	306	Tamar Vos	00:33:17	00:33:14	5KM	D00	7	Winkel
144	198	Emma Blokker	00:33:33	00:33:28	5KM	D00	8	Nieuwe Niedorp
145	320	Sanne Woertman	00:33:41	00:33:29	5KM	D16	42	Schagen
146	301	Janita Timmers	00:34:47	00:34:38	5KM	D16	43	Winkel
147	271	Jan Oers van	00:35:44	00:35:31	5KM	M16	70	Wieringerwerf
148	241	Trudy Hulst van der	00:37:44	00:37:38	5KM	D16	44	Schagen
149	294	Ellen Sluis van der	00:40:29	00:40:23	5KM	D16	45	Breezand
	257	Milo Kroone	DNF	DNF	5KM	M16		Schagen